



**Issue 33: April 2025**

*A monthly circulation featuring updates, resources, and events regarding the New Hampshire Medicaid to Schools Program.*

# MTS News

## Ideas into Action to Support Mental Health in Schools

Dartmouth Health Children's has a new resource for connecting mental health and classroom behavior. This guide is aimed at school professionals and provides useful tips for classroom settings. *Take a look at the brief guide here.*

## Upcoming Events

### MTS Resource Center

- Join the MTS Resource Center for our monthly Medicaid to Schools Collaborative meetings on the first Friday of each month from 9:00-10:30am. These meetings will be utilized to answer questions, hold a space for discussion and solutions, and provide training and presentations from subject matter experts.

### Next MTS Collaborative Meeting: May 2, 9:00-10:30am

To attend an upcoming Collaborative Meeting, please email [schoolmedicaid@jsi.com](mailto:schoolmedicaid@jsi.com).

### Upcoming Webinars

#### CMS

- May 8, 2025: Children with Complex Health Care Needs (CCHCN) and Medicaid SBS
- *Click here for more information and to register for these webinars.*

#### Endowment for Health Annual Data Update

- April 18th, 2025, 12:00-1:00pm
- *Click here to register*

#### HSPF May Policy Symposium

- May 20-21, 1:00-3:30pm
- *Click here to register*

### Upcoming Conferences

## 2025 Annual Edith E. Hammond School NHAEO Conference

- **May 7-9:** North Conway Grand Hotel, 72 Common Court, North Conway, NH 03860
- The NH Medicaid Resource Center will be presenting on the NH Medicaid to Schools program on May 9th!
- [Click here for more information and to register.](#)

# Resources

## Tip Sheet for Families

Check out this *tip sheet* on how to advocate for comprehensive school mental health from the Family Run Executive Director Leadership Association (FREDLA).

A Tip Sheet For Families

**Advocating for Comprehensive School Mental Health**

*Including families in developing, planning, and implementing comprehensive school mental health systems achieves better outcomes.*

**Comprehensive school mental health systems** provide an array of supports and services that promote school climate, social and emotional learning, mental health, and well-being while reducing the prevalence and severity of mental illness. These systems are built on a strong foundation of district and school professionals, including administrators, educators, and specialized instructional support personnel (e.g., school psychologists, school social workers, school counselors, school nurses and other school health professionals), in strategic collaboration with students, families, and community health and mental health partners.

**Why is school mental health important?** Children may be challenged with mental health concerns that can disrupt their learning and their peer relationships — and that can lead to immediate and lasting detrimental effects. **Building comprehensive school mental health systems is one critical strategy to promote positive outcomes for our nation's children.**

Schools with a positive school climate and integrated social and emotional learning are more likely than comparison schools to achieve higher standards of school safety, including less bullying, less student isolation, more positive peer and teacher-student relationships, and less weapon threat and use in schools.

**Children and adolescents are more likely to receive needed mental health care in their school than in any other setting.** Of children and adolescents who receive mental health services, most receive them in school. Schools can offer a more accessible, less stigmatizing setting than traditional community-based mental health settings. Only a fraction of children, adolescents, and families who experience mental health concerns access outpatient care in traditional community mental health settings, and of those who access care, about 40%-60% drop out of treatment early.

**MENTAL HEALTH** refers to the social, emotional, and behavioral well-being of students.

**MENTAL HEALTH SERVICES** refer to activities, services, and supports that address the social, emotional, and behavioral well-being of students — including substance use.

**A COMPREHENSIVE SCHOOL MENTAL HEALTH SYSTEM** refers to an array of supports and services provided in school that promote school climate, social and emotional learning, mental health, and well-being.

Advancing Comprehensive School Mental Health Systems: A Tip Sheet For Families

FREDLA  
Family Run Executive Director Leadership Association

## MTS Parent Guide

Check out the MTS Resource Center's *new resource for parents* that explains the MTS program!

**New Hampshire Medicaid to Schools: A Guide for Parents**

**What is Medicaid and the Medicaid to Schools Program?** Medicaid is a program that provides health insurance coverage for eligible adults and children. The NH Medicaid to Schools program reimburses schools for health services provided to students covered by Medicaid. To find out if your child's school is participating in the Medicaid to Schools program, please reach out to the school's leadership team.

**What types of services may be covered by the Medicaid to Schools Program?** The Medicaid to Schools program can cover a variety of services based on your child's needs including speech, vision, hearing, mobility, mental health, transportation, nursing and other services that are a part of the Plan of Care (IEP, ISP, BIP - see below) to which you as the parent have consented previously.

**Will participating in this program affect my child's Medicaid benefits?** No, getting services at school does not limit whether your child can get services outside of school. As long as all services are considered medically necessary and approved by Medicaid, your child can get services at their school paid for by Medicaid to Schools and health services outside of school paid by your current Medicaid plan.

**Can schools bill Medicaid to Schools without my permission?** No, schools cannot bill Medicaid for school-based services without your written permission. That permission will stay in effect unless you decline or withdraw permission at any time. The services your child is getting at school that you had previously consented to as part of their care plan will continue even if you do not provide written permission to bill Medicaid. Providing your written permission for the school to bill Medicaid will help the school lower their costs of providing necessary health services.

**Who will see my child's information?** Your child's demographic (for example: name, age, gender) and service information will be shared with the state Medicaid Agency to verify Medicaid eligibility and submit claims. All data is secure, confidential and protected by both federal and state law.

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NH MEDICAID TO SCHOOLS RESOURCE CENTER



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Questions? Contact [schoolmedicaid@jsi.com](mailto:schoolmedicaid@jsi.com)



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